

To All Parents and Guardians

Oyama District Medical Association
Oyama City Health and Welfare Department Children's Section
Oyama City Board of Education School Education Section

Requests Regarding the Submission of Medical Certificate (Ikensho) and/or Notice of Permission to Attend School
(Toukou Todoke) upon Contraction of a Contagious Disease

Our schools require that a child who has contracted a contagious disease should be given immediate medical care and attention for a quick recovery. Further, in order to protect other students from getting the same disease, the sick child must observe a temporary suspension from class for a number of days, as prescribed by the School Health and Safety Act Enforcement Regulations. He will come back to school only when it is clearly confirmed that he is free from the transmissible disease.

The 2018 revised guideline for dealing with contagious diseases in nursery schools states that parents whose child has contracted a contagious disease, depending on the type of disease acquired, must submit an "ikensho" (a medical certificate filled by physicians) or a "toukou todoke" (a notice of permission to attend school filled by parents) to their child's nursery school.

In line with this guideline and after much deliberation, the Oyama District Medical Association, the Oyama City Health and Welfare Department Children's Section, and the Oyama City Board of Education School Education Section have come to a unanimous decision to implement the same rule in all the nursery schools, elementary schools, junior high schools, and compulsory education schools in Oyama City. Therefore, beginning April 2019, depending on the type of contagious disease their child has contracted, parents must submit an "ikensho" (a medical certificate filled by physicians) or a "toukou todoke" (a notice of permission to attend school filled by parents) to their child's school.

Appropriate health care measures must be carried out so children can study at school in good health. Your understanding and cooperation in this regulation would be greatly appreciated.

Procedures for obtaining the ikensho (medical certificate filled by physicians) and toukou todoke (notice of permission to attend school filled by parents) forms

◇ Please check the flow chart at the back.

① Regarding the issuance of "ikensho" (medical certificate) and "toukou todoke" (notice of permission to attend school) forms

These forms will be issued in medical institutions that are members of Oyama District Medical Association.

※For further information on medical institutions affiliated with Oyama District Medical Association, please check the official website of Oyama District Medical Association or the Oyama City Hall webpage.

※Most of the pediatric and internal medicine institutions can issue these forms. However, some medical institutions may not be able to issue these forms, so it is necessary to check and confirm this matter with the clinic or hospital you're visiting.

② Regarding the document fee

The standard forms created by the Oyama District Medical Association, the same forms that most medical institutions would issue, are free of charge.

However, forms that are not created by Oyama District Medical Association (medical forms created personally by some schools), may incur charges when used as a medical certificate.

③ The "ikensho" and "toukou todoke" forms are available in the medical institutions of Oyama City and in the medical institutions of neighboring municipalities (Shimotsuke-shi, Nogi-machi, Kaminokawa-machi). However, please be aware that these forms are not available in Yuki City and Koga City in Ibaraki-ken, and in any medical institutions unaffiliated with the Oyama District Medical Association. Hence, they may require charges for the medical certificate they will issue.